



Spring 2012 Salons

with Gourmet Luncheons
hosted by Deanna Trust

RELAX, ENJOY, AND LEARN TO NURTURE YOURSELF

- *Four Master Teachers to Guide You*
- *Three Scintillating Topics to Empower You*
- *Gourmet Fare to Nourish Your Body & Delight Your Senses*

INSTRUCTION: 10 AM to Noon & 2 PM to 3 PM // LUNCH: Noon to 2 PM

Salons take place in Deanna's Casterline Inn decorated with antique icons and sacred artifacts.



SATURDAY, APRIL 21: A Taste of Tolle with Jackie Schramm & Brenda Minster

Eckhart Tolle explains in his books, *The Power of Now* and *A New Earth*, that most people's thoughts are unconscious, repetitive and negative, and reside in the past or future. Being conscious is being present, in the now moment, where the ego cannot reside. Linking Tolle's concepts with practical energetics, you will learn to "pay attention" and choose your thoughts consciously. • Jackie Schramm studied Peruvian Incan shamanism from 1997 to 2009, including six trips to Peru. She has also studied energy medicine for years, and has taught energy work since 2003. She began teaching Tolle in a formalized 20-session format in 2009. For two years, Brenda Minster, a Level III Mastering Alchemy student with Jim Self, has co-facilitated with Jackie the Tolle class.

••• **Pre-requisite:** Please read *A New Earth* by Eckhart Tolle (or at least the first five chapters) before this Salon. •••

PERUVIAN MENU: Baked Sweet Plantains and Tapas; Cremade Zanahoria (Carrot Soup); Pan American Esabeche (Fish Salad); Roasted Bell Peppers Stuffed with Quinoa; Vanilla Cake with Flan Caramel Custard



SATURDAY, MAY 19: Kabbalistic Astrology with Lorraine Henrich (www.TreeofLightHC.com)

The study of the Kabbalah or the Tree of Life shows us the direct relationships between the laws of the universe and the ways which we create success in all areas of our lives. Join us for this informative Salon learning about Kabbalah, and discover your own personal connection to the Tree based on your personalized chart. *Please submit your birth information for this class at time of registration.* • Lorraine, a Celtic shaman and founder of the Tree of Light Healing Center, has been connected to the spiritual realms since she was a child. She has studied widely and teaches in North America, Europe, and Japan. *MENU: Smoked Salmon with Capers, Onion, and Egg; Hot Weather Tomato Cream Soup; Russian Mock Caviar; Turkish Cold Chicken Salad; Charlotte Malakoff au Chocolat*



SATURDAY, JUNE 23: The Key to Your Success - Your Subconscious with Dr. Joy S. Pedersen (www.ExpressSuccess.net, www.WisdomOfTheGuardian.com)

Learn about your subconscious, the light of the angels, and *ho'oponopono*, all extremely useful to clear and create your path to effortless success. • After Joy Pedersen manifested a career in Hollywood, she learned of the ancient Hawaiian spiritual process, *ho'oponopono* (meaning "to correct or set aright") to remove the blocks she recognized stood in her way from achieving full financial success. Later, Archangel Michael came to her to write his book, *Wisdom of the Guardian: Treasures From Archangel Michael to Change Your Life*, asking her to work with him to clear people's karma and assist in helping them prepare for heaven on earth. *MENU: Spring Caesar Salad with Arugula; Iced Broccoli Cream Soup; Savory Scones with Clotted Creme; Walnut and Leek Tart with Lemon Asparagus; Red Raspberry Mousse*



COST: \$90.00 per individual salon / Sign up for all 3 salons and get one free...just \$180.00!

10% discount for reservations and payment by April 14, 2012

Price includes gourmet 5-course luncheon prepared by Deanna from her favorite recipes and vocal entertainment by Crista Orefice.

Vegetarian substitute for poultry and seafood dishes are available by Advance Request only.

Call to reserve your salon: 973-366-3570

www.TrustFengShui.com